

# BREAKFAST

FROM 8AM - 12PM WEEKDAYS / 1PM WEEKEND

Nonie's Gluten Free Toast +2.95

<b>Ham and Gruyere Croissant</b> (NF) Organic Scrambled Eggs Cherry Tomatoes	15.95 +6 +3	<b>Daily Greens Shakshuka</b> (NF) Organic Eggs, Seasonal Fresh Herbs and Vegetables, Feta, Lemon, Harissa Tomato Sauce, Sourdough	21.95
<b>Roasted Mushrooms on Sourdough</b> (NF) Roasted Field Mushrooms, Organic Scrambled Eggs, Green Goddess Dressing	18.95 +6 +5	Make it Vegan +2 Sustainable Smoked Salmon +7 Avocado +5	
<b>Smoked Salmon on Sourdough</b> (NF) Sustainable Smoked Salmon, Chive Cream Cheese, Spanish Onion, Lemon Olive Oil	18.95 +3	<b>Coconut Overnight Oats</b> (V) (DF) Rolled Oats, Coconut Yogurt, Toasted Coconut, Dates, Roasted Almonds, Maple Syrup	15.95
<b>Avocado on Sourdough</b> (V) (NF) (DF) Smashed Local Avos, Roasted Seaweed, Lemon, Sesame Seeds, Spring Onion	15.95 +3 +6	<b>Strawberry Waffle</b> (NF) Balsamic Macerated Strawberries, Fresh Cream, Caramelised Croissant Waffle	17.95
<b>Organic Poached Egg</b> Grilled Halloumi		<b>Organic Eggs</b> (NF) Cultured Butter, Toasted Sonoma Sourdough	14.95
<b>Miso Chili Scramble</b> (NF) Organic Scrambled Eggs, Shiro Miso, Ginger, Sesame Chili Oil, Fresh Herbs, Sonoma Sourdough	18.95	Free Range Bacon +6 Sustainable Smoked Salmon +7 Roasted Field Mushrooms +5 Avocado +5 Grilled Halloumi +6	
<b>Croissant Benny</b> (NF) Organic Poached Eggs, Parmesan, Hollandaise, Rocket, Spinach, Free-Range Bacon	21.95 +4	<b>HOUSE BAKED VIENNOISERIE &amp; PASTRIES</b> See Counter Display	
<b>DG's Brekky Roll</b> (NF) Fried Egg, Free-Range Bacon, Grilled Halloumi, Sriracha Aioli, Potato Roll	17.95		

# SEASONAL SANDWICHES

<b>Mushroom Goddess</b> (NF) Roasted Field Mushrooms, Spinach, Sweet Potato, Spring Onion, Feta, Green Goddess, Sonoma Sourdough	17.95	<b>Smoked Salmon</b> (NF) Sonoma Sourdough, Sustainable Smoked Salmon, Spinach, Spanish Red Onion, Chive Cream Cheese	18.95
<b>Chicken Ranch</b> (NF) Roasted Chicken Breast, Red Onion, Rocket, Cucumber, Shaved Parmesan, Avocado Ranch, Sonoma Sourdough	17.95	<b>Italiano</b> (NF) Sonoma Sourdough, Prosciutto, Fresh Mozzarella, Roma Tomato, Rocket, Pesto Vinaigrette, Aged Balsamic	19.95
<b>Salad Sandwich</b> (V) (DF) (NF) Cabbage - Carrot - Beet Slaw, Cucumber, Avocado, Beetroot Hummus, Lime Coriander, Sonoma Sourdough	16.95	<b>Egg Salad Sando X TWO YOLKS</b> (NF) Organic Egg Salad, Japanese Dijon Mayo, Fresh Cucumber, Sonoma Sourdough	16.95
<b>The Frenchie</b> (NF) Ham, Gruyere, Dijonnaise, Sonoma Sourdough	16.95		

# THE BOWLS

ORDER AT THE COUNTER

FROM 10:30AM

100% GLUTEN FREE

<b>WARM BOWLS</b>	
<b>Fun Guy, Funghi</b> (V) (DF) (GF) Roasted Field Mushrooms, Cabbage, Coriander, Corn Chips, Quinoa, Kale Slaw, Cherry Tomatoes, Spring Onion, Almonds, Lime Coriander Vinaigrette	19.95
<b>Pumpkin Harvest</b> (V) (DF) (NF) (GF) Organic Black and Brown Rice, Rocket, Roasted Sage Pumpkin, Broccoli, Cauliflower, Green Apple, Beetroot, Spiced Chickpeas, Miso Caramel, Balsamic Vinaigrette	19.95
<b>Chicken San Salad</b> (DF) (NF) (GF) Mesclun, Roasted Chicken, Cherry Tomatoes, Orange, Edamame, Avocado, Sesame Chili Oil, Honey, Ginger Tamari	20.95 +4
<b>Moroccan Chicken</b> (DF) (NF) (GF) Roasted Chicken Breast, Carrots, Dates, Spiced Chickpeas, Mint, Quinoa, Kale, Beet Hummus, Balsamic Vinaigrette	20.95
<b>Roasted Carrot &amp; Avo</b> (V) (DF) (GF) Carrots, Avocado, Organic Black & Brown Rice, Kale, Roasted Broccoli, Sunflower Seeds, Lime Coriander Vinaigrette	19.95
<b>Miso Salmon</b> (DF) (NF) (GF) Sustainable Baked Salmon, Organic Black & Brown Rice, Rocket, Sesame Seeds, Green Beans, Red Onion, Cucumber, Cabbage, Miso Caramel	22.95
<b>Roasted Cauliflower</b> (V) (DF) (GF) Quinoa, Charred Cauliflower, Almonds, Mint, Rocket, Orange Segments, Raisins, Balsamic Vinaigrette	19.95
<b>Pic's Peanut Butter Salad X pic's PEANUT BUTTER</b> (DF) (GF) Roasted Chicken Breast, Mesclun, Cabbage, Cucumber, Red Onion, Cherry Tomatoes, Edamame, Crushed Almond, Coriander, Pic's Peanut Butter Coconut Milk Dressing	21.95

\*COLLABORATION

(NF) Nut Free	(GF) Gluten Free
(V) Vegan	(DF) Dairy Free

<b>COLD BOWLS</b>	
<b>Good Morning, Vietnam</b> (V) (DF) (NF) (GF) Baked Sesame Tofu, Raw Corn, Cucumber, Cabbage, Mint, Coriander, Sunflower Seeds, Rocket, Fresh Lime, Lime Coriander Vinaigrette	17.95
<b>Nice Salad</b> (DF) (GF) Organic Egg, House Mesclun Greens, Green Beans, Almonds, Olives, Cherry Tomatoes, Sweet Potatoes, Balsamic Vinaigrette	19.95 +6
<b>Avo &amp; Lentils</b> (V) (DF) (GF) Lentil du Puy, Avocado, Cucumber, Carrots, Basil, Almonds, Rocket, Balsamic Vinaigrette	18.95
<b>Caprese</b> (NF) (GF) House Mesclun Greens, Wild Rocket, Fresh Mozzarella, Cherry Tomato, Fresh Basil, Roasted Capsicum, Crispy Prosciutto, Pesto Vinaigrette, Aged Balsamic	22.95
<b>Kale Chicken Caesar</b> (NF) (GF) Roasted Chicken Breast, Shredded Kale, Shaved Parmesan, Fresh Lime, House Caesar Dressing	19.95
<b>Greek Goddess</b> (GF) House Mesclun Greens, Roasted Chicken Breast, Almonds, Green Apple, Feta, Cherry Tomatoes, Red Onion, Cucumber, Green Goddess Dressing	20.95
<b>Salmon Poke Bowl X FINN POKE</b> (DF) (NF) (GF) Organic Black & Brown Rice, Cabbage, Salmon Sashimi, Cucumber, Cherry Tomatoes, Orange Segments, Roasted Seaweed, Spring Onion, Sesame Seeds, Ginger Tamari	21.95

## DAILY GREENS



COURTYARD CAFE

Please advise us of any dietary requirements.

10% surcharge on weekends. 15% surcharge on public holidays.